



PEBBLES
SPA + LEISURE



SPA TREATMENTS

A woman is relaxing in a spa, with a large waterfall shower cascading over her. She has her eyes closed and a smile on her face, enjoying the water. The scene is set in a spa environment with a large waterfall shower head. The water is clear and flowing, creating a soothing atmosphere. The woman is partially submerged in the water, and her hair is wet. The overall mood is peaceful and rejuvenating.

LET THE BEAUTY OF
THE SEA TAKE CARE OF
YOU AT PEBBLES SPA



A unique art of enhancing beauty, inspired by the 5 oceans awaits you at Pebbles Spa. With both marine and aromatherapy based treatments to choose from, you will be spoiled for choice.

You can benefit from the power healing, revitalising and re-balancing properties vital for health and well-being.

The exceptional body treatments refine, tone and ease tensions while the facials offer spectacular results in purifying, hydrating and firming.

A friendly personal service from a unique facility awaits you at Pebbles Spa.

Pebbles Spa situated on the sea front is the perfect place to enjoy a varied range of Thalgo marine, DECLÉOR aromatherapy and Jessica natural nail treatments plus an extensive range of essential beauty treatments all brought to you by our professionally trained therapists.

FACIAL TREATMENTS

THALGO FACIALS

Thalgo has a facial to treat virtually any concern. All Thalgo facials begin with the “Discovery of the Sea” massage to ease tensions and immerse you in a relaxing aquatic cocoon. For best results, Thalgo recommends a course of 6 facials, in conjunction with the accompanying homecare range to continue effectiveness.

ILLUMINATING RADIANCE FACIAL 30 mins

Reveal your skins beauty and radiance in just 30minutes! The facial begins with a relaxing Discovery of the Sea massage, cleanse and exfoliation, after which the Ultra Radiance Mask is applied. The application of Absolute Radiance Concentrate to the face and neck awakens the skin and the treatment is finished with a skin type appropriate cream, leaving the complexion fresh and glowing with radiance.

HEART OF THE OCEAN PRESCRIPTIVE RITUALS – FACE AND DECOLLETE 1 hr

Source Marine Ritual – Normal/dehydrated
Cold Cream Marine Ritual – Sensitive & dry/very dry,
Purete Marine Ritual – Oily/Combination

This personalised Thalgo signature facial ritual begins with a relaxing Discovery of the Sea massage after which the skin is gently cleansed and exfoliated. A concentrate packed with active marine ingredients is applied with Thalgo’s Heart of the Ocean massage. This is followed by a skin-specific mask to correct any skin concerns. The treatment finishes with an application of prescriptive moisturiser, leaving the skin restored to its natural beauty.

3 ALGAE FACIAL 1 hr

Experience true marine beauty with this signature algae facial suitable for all skin types. Following a relaxing Discovery of the Sea massage the skin is gently cleansed and exfoliated. A mask of pure natural seaweed, known for its beauty-enhancing properties, is then applied to re-mineralise and revitalise the skin before an application of concentrate and moisturiser appropriate for your skin type completes the treatment, leaving your complexion soft, radiant and feeling beautiful.

THALGOMEN OCEAN RITUAL 1 hr

This high-tech, relaxing facial is designed especially for men to help reduce signs of ageing, fatigue and help fight against daily aggressions (shaving, pollution, dehydration and stress). The facial begins with a relaxing Discovery of the Sea massage, followed by a deep cleansing and exfoliating ritual carried out on the face and neck, including an application of Algae Blue Vitale Extract to revitalise the skin. A shoulder, neck and scalp massage relieves any remaining tension, and the skin is left looking brighter with all signs of stress and fatigue erased.





FACIAL TREATMENTS

DECLEOR FACIALS

Every facial begins with the unique back diagnostic massage; utterly relaxing for you and a wonderful insight to your therapist into your overall state of health – and therefore your precise needs. The use of expert massage techniques and 100% pure, preservative-free Essential Oils address the demands of every single skin type to leave all complexions balanced, comforted and glowing with health.

DECLEOR ULTIMATE VITAMIN GLOW ^{1hr}

This internationally renowned, multi-award winning facial is power-packed with vitamins and anti-oxidants. Stress simply melts away thanks to five deeply relaxing massage techniques and the ideal rebalancing aromatic elixir for your complexion. Our deliciously warm and decongesting mask softly cocoons skin, providing the perfect environment for it to flourish. Skin is left deep cleansed, perfectly replenished and glowing with vitality.

DECLEOR PRESCRIPTIVE PERFORMANCE FACIALS

A sensation of extreme effectiveness and well-being prescribed to your individual skin needs. After an expert skin analysis, your therapist will select from one of our targeted active masks with renowned properties that will enhance the beauty of your own skin. Choose from below:

MOISTURE QUENCH ^{1hr 15 mins}

Super-hydrating and able to quench even the thirstiest of skins, this deeply moisturising treatment includes a gently effective exfoliation to leave skin smooth, velvety and perfectly prepped for our nourishing AROMESSENCE™ Neroli Concentrate. A nutrient-rich mask drenches skin with soothing, moisture-loving ingredients for a complexion that's rehydrated, supple and cashmere soft.

OXYGENATING PURE & MATT ^{1hr 15mins}

This mattifying facial targets spots, blemishes, open pores and excessive shine. Includes a balancing and deeply oxygenating power mask to bring instant clarity to dull, devitalised skin; a three-stage massage ritual also intensively relaxes and refines uneven texture. It brings previously oily, combination and dull skin back to life - leaving it luminous, crystal clear, beautifully matt and completely flawless.

DIVINE NUTRITION ^{1hr 15min}

The end of dry, flaky skin, our ultra-nourishing facial deeply soothes, restores and renews. Chestnut Extract boosts crucial lipid production and micro-circulation while nourishing Geranium and Rose feed skin with vital nutrients. By locking-in moisture, complexions are also strengthened against wind, rain and cold making it ideal for anyone who spends a lot of time outdoors. Even the driest complexions are left supremely supple, comfortable and satin smooth.

HARMONIE CALM ^{1hr 15mins}

This intensely soothing treatment instantly relieves irritated complexions. Acting like a calming comfort blanket, Blueberry Extract soothes angry, sore skin; a cooling Algae plasticizing mask peels away to reveal a calmer, smoother surface. This facial addresses all types of sensitivity whether due to stress, poor diet, illness, medication or simply general fatigue. Skin becomes clear, soothed and more resilient to environmental aggressions.

DECLEOR INTENSIVE ENERGISING FACE TREATMENT ^{1hr 15mins}

This facial is designed for men requiring a deep and professional cleanse. It kick starts tired skin minimising shaving irritation and climate conditions. Using an anti-ageing formula this treatment provides instant results. It also relieves aches in the neck and shoulder areas. Skin is left feeling refreshed and invigorated.

ANTI-AGEING SKIN TYPE

THALGO FACIALS

Thalgo is an anti-ageing specialist and offers facials for different ages and anti-ageing concerns, all renowned for their incredible results. Choose from below:

COLLAGEN RADIANCE FACIAL 25+ 1hr

Give your skin a Collagen boost and correct the signs of ageing as they appear with this facial, designed for first wrinkles, with instant anti-ageing results. After a relaxing Discovery of the Sea massage, a tailored cleansing ritual with exfoliation is carried out to smooth the skin and allow optimum penetration of the active ingredients, and an expert anti-ageing massage lifts the features and helps the skin absorb the Marine Collagen. While the Collagen mask smooths fine lines and plumps the skin, you'll enjoy a relaxing hand and arm or scalp massage. After the treatment your skin will be radiant, its collagen reserves restored.

HYALURONIC SMOOTH AND FILL FACIAL 35+ 1hr

This anti-wrinkle facial begins with the Discovery of the Sea massage and has been specially designed to target deep expression lines and pronounced wrinkles using a high tech dual action mask that is enriched with marine hyaluronic complex, leaving the skin looking younger, smoother and the deepest of wrinkles less pronounced.

SILICIUM MARINE SUPER LIFT FACIAL 45+ 1hr 15mins

Dare to defy time with this super lifting facial, designed to combat all the signs of ageing, including loss of firmness and pronounced wrinkles. Relax and let yourself be immersed in an aquatic cocoon during the Thalgo cleansing ritual, adapted to your skin type. Next, your skin is exfoliated by manual micro-dermabrasion to optimise the penetration of the silicium marine complex, before a super-lifting mask is applied to fill deeper wrinkles, and lift facial contours, resulting in smoother skin and defined neckline. For best results – courses recommended.

EXCEPTIONAL MARINE REDENSIFYING TREATMENT FACIAL 50+ 1hr 30 mins

This "manual facelift" treatment targets and tightens individual facial muscles and visibly lifts the entire face. Following a unique brush cleanse and exfoliation, Thalgo's exclusive EnergiLift Massage corrects loss of firmness and volume on the face, neck, décolleté and hands through deep, rhythmic movements to re-oxygenate the skin. A face mask and massage of the neck, décolleté and arms leave you feeling deeply relaxed, with visibly smoother and brighter skin.

DECLEOR FACIALS

DECLEOR ADVANCED ANTI-AGING FACIALS

Based on 40 years of skincare expertise and utilising the latest technological breakthroughs in anti-ageing care, they bring a new lease of life to maturing complexions, offering dramatic improvement in skin tone and clarity. Choose from below:

COLLAGEN PLUMP AND LIFT 40+ 1hr 15mins

This facial includes our ultimate effective 'lifting' massage to recharge skin tissues. Highly efficient formulas then infuse the skin with naturally energising ingredients to help kick-start its natural renewal process; an indulgent and collagen-rich setting mask ensures skin feels plumped and tightened too. The result? A flawless, youthful new radiance.

OREXCELLENCE PILATES FACIAL 50+ 1hr 15mins

This facial was created to deliver a natural lift to the face helping to reshape the contours. Strengthening from within, skin becomes less sensitive and satin-smooth, with a new freshness and luminosity. The facial includes a back diagnostic massage to help you completely unwind & release the mind. After a deep cleansing and a triple performance massage, using our outstanding Energy Youth Concentrate Mask - this will plump and smooth the appearance of lines & wrinkles, whilst softening & increasing the tone, leaving the skin glowing with rosy youthfulness.





EYE TREATMENTS

EYE EXPERT 30 mins

This eye treatment is designed specifically for all problems related to the eye contour area. After a gentle exfoliation of the eye area the Hyaluronic eye patches are applied and therefore has multi-action efficiency to rejuvenate the skin and treat puffiness, dark circles, fine line and wrinkles.

BEAUTY FLASH 30 mins

The ultimate fatigue fighting facial and eye treatment using the unique Thalgo electronic eye massage mask using presotherapy, acupressure and vibration massage. Starting with a cleanse and gentle massage of the eye area using a specific eye concentrate, with either a warm gel mask to aid relaxation and reduce tensions or a cold gel mask to reduce puffiness and a dark circles.

A cream mask, appropriate for the needs of your skin, is used over the whole face area, leaving you with a healthy glow and an instant rejuvenation of the eye contour area.

EYE TOUCH 15 mins (Add on treatment only)

This treatment ideally complements any face or body treatment. An application of Thalgo Silicium Eye Cream starts the treatments helping to plump, smooth and refresh the eye contour area. The unique Thalgo electronic eye massage bar uses presotherapy, acupressure and vibration massage. Targeted action on wrinkles for a boosted anti-aging effect.

DECLOR VITAL EYES 30mins

Put the sparkle back! Featuring restoring and intensively hydrating eye masks, this targeted treatment fights fatigue, quenches moisture loss and helps erase the appearance of wrinkles for a sparkling, rested eye zone.

BODY TREATMENTS

FULL BODY MASSAGE 1hr

Using Swedish massage techniques, this treatment releases tension held in every part of the body, leaving you feeling deeply relaxed and recharged.

BACK, NECK AND SHOULDER MASSAGE 30 mins

A blissful back treatment, targeting those muscular aches and pains, relaxing tired muscles and eases tension leaving you feeling instantly relaxed.

FULL BODY AROMATHERAPY MASSAGE 1hr

The ultimate in relaxation using pre-blended essential oils to suit your specific needs. This relaxing massage will ease away your stresses and strains as your body, mind and spirit are brought to balance.

INDIAN HEAD 40 mins

Feel your stress, aches and pains disappear with this wonderfully relaxing therapeutic experience. Head Massage has been practised in India for over a thousand years and is renowned for relieving the anxiety that accumulates in the head, back and neck in everyday life. Indian Head Massage is a safe, simple and effective treatment that assists lymphatic drainage. Specialised Treatment.

REFLEXOLOGY 40 mins

A zone therapy treatment based on the reflexes in the feet relating to each organ and all parts of the body. It is a form of foot massage using thumb pressure techniques on the reflex points on the feet. Specialised Treatment.

PEBBLES HOT STONES FULL BODY MASSAGE 1hr

A deeply warming massage carried out using warm Basalt stones to ease away deep tissue tension, helping to detoxify the body, boost the immune system and unblock stagnant energy, resulting in a feeling of deep relaxation and wellbeing.

PEBBLES HOT STONES BACK MASSAGE 45 mins

An excellent muscle warming treatment, focusing on areas of tension, your muscles are warmed, relaxed and knots of tension eased giving an incredible sense of relaxation

HOT LAVA SHELL FULL BODY MASSAGE 1hr

A luxurious calming massage, your therapist glides hot lava shells smoothly over your body and you will instantly drift into a state of utter relaxation and calm. The shells are worked on tension areas to ease away all muscle tension, knots and stress points, unblocking energy flow and releasing a sense of balance to the entire mind and body.

HOT LAVA SHELL BACK MASSAGE 45 mins

This is an intensive back, neck and shoulder treatment giving deep tissue massage using heated lava shells to achieve a firm pressure and treat deep rooted muscle problems. The radiating heat from the shells releases tension leaving you feeling stress free and rejuvenated.



SIGNATURE MARINE BODY TREATMENTS

As specialists in marine spa therapies, Thalgo harness all the riches of the sea; oligo-elements, proteins, amino-acids, minerals and vitamins, for Slimming, Firming, Detox and Relaxation.

We recommend courses of 6-12 sessions for maximum results.

All body treatments begin with the Discovery of the Sea welcome massage to relax the body and ease tension.

3 ALGAE WRAP ^{1hr}

The original marine algae wrap, harnessing all the incredible benefits of seaweed. After a relaxing Discovery of the Sea massage to relieve tensions, the body is exfoliated before Thalgo's patented natural marine algae wrap is applied, infusing its minerals, vitamins and micro-nutrients to the body. This treatment activates circulation, increases metabolism, relieves aches and pains and can improve certain dry skin conditions. Excellent for detox and general well-being.

3 ALGAE BACK RITUAL ^{45mins}

Discover the incredible benefits of seaweed for problem skin. This back treatment combines natural marine algae, rich in re-mineralising ingredients to deep cleanse, detoxify and smooth the skin. After a Discovery of the Sea massage, the skin is exfoliated with a revitalising marine body scrub. Thalgo's patented natural marine algae wrap is applied to the back, and once removed the back is spritzed with a refreshing seawater concentrate. Finally, Intense Regulating Concentrate is applied to regulate sebum production.

(Both above treatments are not suitable for seafood/shellfish allergies, high/low blood pressure, diabetes/epilepsy, heart conditions, cancer, first 12 weeks pregnancy)

ULTIMATE RELAXATION

AROMACEANE BODY WRAP ^{1hr 15mins}

This ultra-relaxing treatment combines Aromatherapy with a marine mud body wrap to improve health and wellbeing. After a Discovery of the Sea massage to soothe tensions, the therapist performs reflex activity on the feet. The Natural Marine body wrap is customised with essential

oils, chosen to suit your specific concerns (relaxation or slimming) and applied to the body. You will be wrapped in a thermal blanket while it infuses its benefits. Once the wrap is removed, a light massage is carried out with the chosen blend of essential oils.

MARINE PRELUDE ^{1 hr}

The ultimate combination of body exfoliation and a wrap that heals skin dryness, smooths roughness and re-mineralised the whole body. Muscle cramp and joint stiffness are relieved. The marine prelude incorporates natural sea salts and marine mud from the Dead Sea. A soothing scalp massage during the wrap enhances the experience. The treatment finishes with the whole body being treated to a light massage using ultra-nourishing body cream.

BODY EXFOLIATION

SWEET AND SAVOURY ^{30 mins}

This body scrub is infused with brown sugar, salt and Mediterranean essential oils. Skin is smoothed and nourished, leaving a delicious scent of citrus aromas.

LUXURY AQUATIC ^{45 mins}

This luxury aquatic salt crystal scrub is a concentration of the invigorating benefits of the ocean. This blue lagoon scrub combines the unique exfoliating power of the sea salt with nourishing oils, to reveal a refined skin texture, velvety to the touch. Its marine notes delicately scent the skin, while providing a moment of well-being.

SLIMMING BEAUTY

THALGO BODY SCULPT WITH PALP ^{45 mins}

Smoothes – Refines – Firms - Re-sculpts. This firming/ slimming treatment has the ability to deliver visible results by increasing the massage therapist's hand strength up to 10 times. An exfoliating peel or hot/cold effect double mask is followed by the Body Palp massage to break down cellulite, refine and visibly reshape the figure, as well as firm and tone the skin. This treatment offers effectiveness that you can feel and see, with clinically measured results after just 3 sessions. Clients' results show reduction on hip circumference, 33% reduction in cellulite depth, 87% push up in buttocks and 100% firmness of skin. Prior to sessions starting the treatment requires a 30 min diagnosis consultation



SPA RITUALS

PREGNANCY RITUAL 1hr (face and body)

Treat yourself to this relaxing face and body ritual especially designed for mums to be after the first trimester. After a soothing Discovery of the Sea massage the skin is smoothed and softened with a full body exfoliation, followed by an application of Thalgo's nourishing cream balm to help the skin tolerate extensive stretching. While this is left to work, you will be treated to a hydrating facial and a soothing and relaxing lower leg and foot massage. Finally, a nourishing body cream is applied, leaving your skin feeling silky smooth and completely moisturised.

INDOCEANE SPA RITUAL 1hr 30mins

Indoceane spa ritual, takes you on a journey of ultimate relaxation across the continents encompassing age-old traditions and rituals of beautification. This most sensual of treatments commences with soothing Egyptian Precious Milk foot bath ritual to relax and calm your senses. This is followed by a skin softening Mediterranean influenced body exfoliation that prepares your skin for the Ayurvedic-inspired massage that uses warmed oils and an ancient Indian technique. The final Asian step is a Silky Smooth body wrap which harnesses the serenity and relaxing powers of the Orient. After 90 minutes of hands on therapy, you and your skin will feel intensely reinvigorated.

POLYNESIA SPA RITUAL 1hr 30 mins

Experience Polynesia, the exotic sensorial spa ritual, inspired by four of the most beautiful islands hidden in the heart of the Pacific Ocean. This luxurious treatment begins with an azure water foot bath inspired by the crystal blue waters of the Manihi Lagoon to protect and hydrate the skin. Next is the Exotic Island Body Scrub, a gentle vanilla-scented body scrub blended with pure white sand from Bora Bora, sea salt, coconut shell and algo-monoï for a thorough exfoliation of the entire body to leave the skin feeling smooth and soft. The Mahana massage incorporates a rhythmic Lomi-Lomi massage and warm sand pouches to loosen muscles and nourish the skin. Finally, Polynesian Sacred Oil from Raiatea, the sacred island, is swept over the skin, its subtle golden pearls leaving a sun kissed glow and a delicate scent of flowers and monoï.

MERVEILLE ARCTIQUE – WONDER ARCTIC SPA RITUAL 1hr 45 mins

Inspired by Scandinavian Heat Therapy, Thalgo has created Merville Arctique where soothing warmth alternates with invigorating cool with Thalgo's innovative massage balls, incorporating Swedish massage and deep tissue massage techniques for incredible relaxation and wellness. Beginning with the relaxing vapours of the Merville Arctique effervescent foot bath crystals, followed by an invigorating cool scrub with salt flakes and cryo-extract of Boreal algae awaking the epidermis.

MARINE WELLBEING MASSAGE SPA RITUAL 1hr 25mins

Inspired by the infinite power of the Oceans, this massage incorporates the powerful relaxing massage techniques, together with some ocean-reflecting movements. It begins with a Discovery of the Sea massage to relax the body and relieve tensions, followed by specific movements over the entire body and energising digito-pressures on the face, allowing you to truly let go. Combine with a hand, foot and scalp massage to create a deeply relaxing 85-minute ritual.

Choose from five oil options, depending on your desired effect and preferred fragrance:

Aromaceane Relaxing Massage Oil

A blend of Fucus algae, magnolia, French lavender, rose, chamomile and neroli, to restore calm and serenity.

Aromaceane Silhouette Massage Oil

A blend of Fucus algae, spearmint, lime, grapefruit, geranium, atlas cedar and chamomile, to improve circulation and energise, detoxify and drain the body.

Polynesia – Mahana Massage Oil

A nourishing and protective massage oil combining a seaweed plant complex with sunflower, sesame and apricot kernel oils and is scented with Tiare to transport you to the golden islands of French Polynesia.

Indocean Oil – Luxurious Massage Oil

Contains essential oils of sandalwood, cedar and patchouli, together with an Indian medicinal oil, to relax, regenerate and restore essential vitality.

Arctique - Invigorating Massage Oil

Contains relaxing vapours of the Merveille Arctique to invigorate the mind and body.

COLD CREAM MARINE BODY RITUAL 1hr

The Thalgo Cold Cream Marine Body formula contains concentrated Marine Algae Oil, Marine Wax and Seve Bleue des Oceans and is dedicated to dry and very dry skin. It soothes tightness and intensely replenishes the lipid levels of dry and very dry skin. It will sweep you away to the cold cream marine world with its deeply nourishing cream-balm. Your treatment will begin with a foot cleanse and massage followed by a comforting wrap, relaxing movements and soothing gentle massage unknotting the tensions and strains linked to the discomfort of dry skin. Cold Cream Marine restores a supple, soft velvety feel to even the most stressed skin.

HAND AND NAIL THERAPY

Jessica's natural nail care system combines natural extracts and vitamins with unique formulations for all nail types to improve any condition.

Or try Jessica's Geleration gel formulas which deliver a long lasting flawless finish that dries in seconds with a high gloss shine.

Note: Gel removal (30mins), Extra cuticle work (15mins), and French polish (15mins) will occur an additional charge.

JESSICA PRESCRIPTIVE MANICURE 45mins

This manicure includes exfoliation, massage and cuticle care. Your nails will be beautifully shaped and treated with a prescriptive basecoat finishing with a perfect polish.

GELERATION GEL MANICURE 1hr

This manicure includes exfoliation, massage and cuticle care. Your nails will be beautifully shaped and treated with a prescriptive basecoat finishing with a perfect Geleration polish.

DELUXE JESSICA MANICURE 1hr

A complete facial for the hands. As above, but inclusive of le-remedi hand treatment mask and luxurious hand and arm massage, finishing with a colour of your choice.

FILE AND POLISH 30mins

Nails are filed to desired shape and finished with a colour of your choice.

GELERATION GEL FILE AND POLISH 45 mins

Nails are filed to desired shape and finished with a Geleration colour of your choice.

FEET AND NAIL THERAPY

ZENSPA PEDICURE 1hr

Hard skin will be removed, feet and legs massaged with deep conditioning creams leaving them deliciously soft and smooth. Cuticles will be groomed and nails beautifully shaped and perfectly polished.

GELERATION GEL PEDICURE 1hr

Hard skin will be removed, feet and legs massaged with deep conditioning creams leaving them deliciously soft and smooth. Cuticles will be groomed and nails beautifully shaped and perfectly polished.

ZENSPA LUXURY PEDICURE 1hr 15 mins

As above with the luxurious added benefits of thermal heated booties to allow the oils and creams to absorb deeper into the feet - excellent for circulation and relieving stiff and painful joints.

POLYNESIAN PEDICURE 1hr 15 mins

Take your feet to tropical paradise! This luxurious pedicure is the ultimate in relaxation, beginning with an azure water foot bath, perfect for deep hydration and relaxation using products from the Polynesian Islands.





PARAFFIN WAX TREATMENTS

Paraffin wax moisturises and softens the skin. It provides therapeutic and healing heat to sore and aching joints, making it particularly beneficial to those suffering from arthritis and rheumatic pain.

HANDS OR FEET 30 mins

BACK 30 mins

WAXING AND TINTING

Full Leg Wax

Lip or Chin Wax

Half Leg Wax

Eyebrow Wax

Back Wax

Eyebrow Shape (tweeze)

Bikini Wax

Eyelash and Eyebrow Tint

Underarm Wax

Eyelash Tint

Forearm Wax

Eyebrow Tint

Chest Wax

MAKE UP APPLICATIONS

“Beauty is often simply about having the confidence to be yourself and Mii is a cosmetic range that does just that. Mii is a fresh natural makeup – a mineral makeup lovers’ dream boasting a comprehensive range of colours.

MAKEUP APPLICATION 45 mins

BRIDAL MAKEUP 1hr

BRIDAL PARTY MAKEUP 45 mins

BRIDAL MAKEUP TRIAL/CONSULTATION 1hr

TANNING

FULL BODY SPRAY TAN **HALF BODY SPRAY TAN**





PEBBLES SPA DAYS & SPA BREAKS



Why not enhance your spa experience by selecting one of our specially designed Spa Day packages which include a two-course lunch in the Bistro, ALL DAY use of Pebbles Luxury facilities – infinity swimming pool, spa, gym, sauna, steam and relaxation rooms – complimentary robe, towel and slipper hire. Prefer to stay the night?

Check out our range of Spa Breaks online.

ALL SPA DAYS CAN BE PURCHASED
AS A GIFT VOUCHER.
ONLINE / IN SPA / PHONE

To Book – Call Reception on 01465 891233



PEBBLES

SPA + LEISURE

INFORMATION AND ADVICE

To maximise your experience we ask you to arrive 15 mins before your appointment. Credit card details are required at the time of booking to guarantee your appointment.

You are respectfully advised that the full treatment costs will be incurred if less than 48 hours notice is given of an appointment cancellation or postponement. Arriving late may interfere with your treatment time.

Heat treatments and use of the swimming pool are not recommended after any waxing treatment.

Re-hydration is an important part of Spa Therapy we therefore recommend that you drink plenty of water.

Please advise the therapist prior to your treatment if you suffer from medical conditions or are taking medication.

Pebbles Spa reserves the right to decline to administer any treatment.

And most important - Enjoy your time with us.

Terms and Conditions apply

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TREATMENTS PRICE LIST

THALGO FACIALS

Illuminating Radiance Facial	£55
Heart of the Ocean Prescriptive Rituals – Face and Decollete	£75
3 Algae Facial	£75
ThalgoMen Ocean Ritual	£70

DECLER FACIALS

Decleor Ultimate Vitamin Glow	£70
Moisture Quench	£75
Oxygenating Pure & Matt	£80
Divine Nutrition	£75
Harmonie Calm	£75
Decleor Gents Intensive Energising Face Treatment	£70

ANTI-AGING SKIN TYPE

Thalgo

Collagen Radiance Facial 25+	£80
Hyaluronic Smooth and Fill Facial 35+	£85
Silicium Marine Super Lift Facial 45+	£90
Exceptional Marine Redensifying Treatment Facial 50+	£100
Peeling Marin (3 Session Treatment)	£180

Decleor

Collagen Plump and Lift 40+	£85
Orexcellence Pilates Facial 50+	£100

EYE TREATMENTS

Thalgo - Eye Expert	£35
Thalgo - Beauty Flash	£45
Thalgo - Eye Touch	£20
Decleor - Vital Eyes	£50

BODY TREATMENTS

Full Body Massage	£80
Back, Neck and Shoulder Massage	£45
Full Body Aromatherapy Massage	£80
Indian Head	£55
Reflexology	£65
Pebbles Hot Stones Full Body Massage	£85
Pebbles Hot Stones Back Massage	£65
Hot Lava Shell Full Body Massage	£95
Hot Lava Shell Back Massage	£75
3 Algae Wrap	£80
3 Algae Back Ritual	£60
Aromaceane Body Wrap	£85
Marine Prelude	£80
Sweet and Savoury Body Exfoliation	£45
Luxury Aquatic Crystal Body Exfoliation	£55
Thalgo Body Sculpt with Palp	£60

SPA RITUALS

Pregnancy Ritual	£75
Indoceane Spa Ritual	£120
Iles Pacifique Spa Ritual (formerly Polynesia Spa Ritual)	£120
Merveille Arctique – Wonder Arctic Spa Ritual	£125
Marine Wellbeing Massage Spa Ritual	£105
Cold Cream Marine Body Ritual	£95

HAND AND NAIL THERAPY

Jessica Prescriptive Manicure	£45
Geleration Gel manicure	£50
Deluxe Jessica Manicure	£55
File and Polish	£30
Geleration Gel File and Polish	£35

FEET AND NAIL THERAPY

Zenspa Pedicure	£55
Geleration Gel Pedicure	£60
Zenspa Deluxe Pedicure	£65
Polynesian Pedicure	£70

PARAFFIN WAX TREATMENTS

Hands or Feet	£30
Back	£40

WAXING AND TINTING

Full Leg Wax	£27
Half Leg Wax	£20
Back Wax	£20
Bikini Wax	£16
Underarm Wax	£14
Forearm Wax	£20
Chest Wax	£20
Lip or Chin Wax	£15
Eyebrow Wax	£15
Eyebrow Shape (tweeze)	£15
Eyelash and Eyebrow Tint	£30
Eyelash Tint	£20
Eyebrow Tint	£15

MAKE UP APPLICATIONS

Makeup Application	£50
Bridal Makeup	£60
Bridal Party Makeup	£55
Bridal Makeup Trial/Consultation	£55

TANNING

Half Body Spray Tan	£22
Full Body Spray Tan	£32